



**LIFEWORk**  
Coaching

NEWSLETTER

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## This Issue:

**A Whale of a Thanksgiving Story**

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**A Whale of a Thanksgiving Story**

**For busy professional women and small business owners wanting more success and fulfillment in their careers and more time, balance, and joy in their personal lives.**

### **A Whale of a Thanksgiving Story**

About a year ago, the front page story of the San Francisco Chronicle told the story of the daring rescue – the first-ever on the West Coast – of a female humpback whale who had become entangled in a spider web of crab lines and traps. A fisherman spotted her near the Farrallone Islands outside the Golden Gate Bridge and radioed for help.

She had nearly 5000 feet of rope wrapped around her body and tail, even a line tugging in her mouth. Divers said that at least 12 crab traps, weighing 90 pounds apiece, hung off the whale. The weight of this was pulling the whale downward, forcing it to struggle to stay afloat and keep its blow-hole out of the water.

The rescue team determined her situation to be so critical that the only way to save her was to dive in and untangle her... a very dangerous proposition. The 50-foot whale, weighing an estimated 50 tons, could easily kill a rescuer with just one slap of her tail.

"I was the first diver in the water, and my heart sank when I saw all the lines wrapped around it," said Moskito. "I really didn't think we were going to be able to save it." Four divers worked for hours cutting the ropes while the whale floated passively in the water giving off a strange kind of vibration.

"When I cut the line going through the mouth, its eye was there winking at me, watching me," Moskito said. "It was an epic moment of my life."

When she was free, the divers say she swam in what seemed like joyous circles, doing little dives. She then came back to each and every diver, one at a time, and nuzzled them... as if she was

thanking them. They said it was the most incredibly beautiful experience of their lives.

May you, and all those you love,  
be so blessed and fortunate...  
to be surrounded by people  
who will help you get untangled  
from the things that are binding you.

And, may you always know the joy  
of giving and receiving gratitude.

Wishing you a joyous Thanksgiving -  
Denise

Portions of this issue were excerpted from the  
San Francisco Chronicle, December 14, 2005

## Subscription Information

This free publication is produced monthly and features inspiration and strategies for building your career or business while creating more time, balance, and joy in your personal life. Your feedback is always welcome.

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